

	PIRMDIENA	OTRDIENA	TREŠDIENA	CETURTDIENA	PIEKTDIENA	SESTDIENA	SVĒTDIENA	PIRMDIENA
10:00 - 11:00			JUNIORS+ADULTS <b>FUNCTIONAL TRAINING</b>				<b>PRIECĪGAS LIEDLIENAS!</b>	<b>PRIECĪGAS LIEDLIENAS!</b>
10:00 - 11:30					JUNIORS + ADULTS <b>BOXING</b>	ADULTS+JUNIORS <b>KICKBOXING + CROSS-TRAINING</b>		
10:00 - 11:30					JUNIORS + ADULTS <b>KICKBOXING + FUNCTIONAL</b>			
11:30 - 12:30					KIDS 3-7 <b>KICKBOXING + FUNCTIONAL TRAINING</b>			
11:30 - 12:45					KIDS 7-12 <b>KICKBOXING/BOXING + CROSS-TRAINING</b>	KIDS 7-12 <b>KICKBOXING/BOXING + CROSS-TRAINING</b>		
15:45 - 17:00		KIDS 7-12 <b>KICKBOXING/BOXING + CROSS-TRAINING</b>		KIDS 7-12 <b>KICKBOXING/BOXING + CROSS-TRAINING</b>				
16:00 - 17:15			KIDS 7-12 <b>KICKBOXING/BOXING + CROSS-TRAINING</b>					
16:00 - 17:00			JUNIORS+ADULTS <b>FUNCTIONAL OUTDOOR TRAINING*</b>					
16:00 - 17:30	KIDS 7-13 <b>FUNCTIONAL OUTDOOR TRAINING*</b>							
17:00 - 18:20		JUNIORS <b>KICKBOXING/BOXING + CROSS-TRAINING</b>		JUNIORS <b>KICKBOXING/BOXING + CROSS-TRAINING</b>				
17:30 - 18:20	KIDS 3-4 <b>KICKBOXING + FUNCTIONAL TRAINING</b>		KIDS 3-4 <b>KICKBOXING + FUNCTIONAL TRAINING</b>					
18:00 - 19:15								
18:10 - 19:45	BEGINNERS JUNIORS+ADULTS <b>BOXING</b>	JUNIORS+ADULTS <b>KICKBOXING/BOXING + CROSS-TRAINING</b>	BEGINNERS JUNIORS+ADULTS <b>BOXING</b>	JUNIORS+ADULTS <b>KICKBOXING/BOXING + CROSS-TRAINING</b>				
18:10 - 19:45	ADULTS <b>BOXING</b>		ADULTS <b>BOXING</b>					
18:30 - 19:30	KIDS 5-6 <b>KICKBOXING + FUNCTIONAL TRAINING</b>		KIDS 5-6 <b>KICKBOXING + FUNCTIONAL TRAINING</b>					

