

	PIRMDIENA	OTRDIENA	TREŠDIENA	CETURTDIENA	PIEKTDIENA	SESTDIENA	SVĒTDIENA
09:00 - 10:00							JUNIORS+ADULTS FUNCTIONAL TRAINING
09:00 - 10:30			KIDS 7-14 KICKBOXING/BOXING + CROSS-TRAINING*				
10:00 - 11:20			JUNIORS+ADULTS FUNCTIONAL TRAINING*			JUNIORS+ADULTS KICKBOXING + CROSS-TRAINING	
15:30 - 17:00	KIDS 7-9 KICKBOXING/BOXING + CROSS-TRAINING						
15:30 - 17:00	KIDS 10-14 KICKBOXING/BOXING + CROSS-TRAINING						
16:30 - 18:00		KIDS 7-9 KICKBOXING/BOXING + CROSS-TRAINING		KIDS 7-9 KICKBOXING/BOXING + CROSS-TRAINING			
16:30 - 18:00		KIDS 10-14 KICKBOXING/BOXING + CROSS-TRAINING		KIDS 10-14 KICKBOXING/BOXING + CROSS-TRAINING			
17:15 - 18:00	KIDS 3-4 KICKBOXING + FUNCTIONAL TRAINING		KIDS 3-4 KICKBOXING + FUNCTIONAL TRAINING				
17:30 - 19:00					BEGINNERS JUNIORS+ADULTS BOXING		
17:30 - 19:00					ADULTS BOXING		
18:10 - 19:10	KIDS 5-6 KICKBOXING + FUNCTIONAL TRAINING		KIDS 5-6 KICKBOXING + FUNCTIONAL TRAINING				
18:10 - 19:45	BEGINNERS JUNIORS+ADULTS BOXING	JUNIORS+ADULTS KICKBOXING/BOXING + CROSS-TRAINING	BEGINNERS JUNIORS+ADULTS BOXING	JUNIORS+ADULTS KICKBOXING/BOXING + CROSS-TRAINING			
18:10 - 19:45	ADULTS BOXING		ADULTS BOXING				