

Klusā iela 12 K3

	PIRMDIENA	OTRDIENA	TREŠDIENA	CETURTDIENA	PIEKTDIENA	SESTDIENA	SVĒTDIENA
09:30 - 10:45						ADULTS+JUNIORS KICKBOXING, BOXING+ CROSS-TRAINING	
11:00 - 12:15						KIDS līdz 12 KICKBOXING, BOXING+ CROSS-TRAINING	
15:30 - 16:50		KIDS 7-12 KICKBOXING+ CROSS-TRAINING		KIDS 7-12 KICKBOXING+ CROSS-TRAINING			
17:00 - 18:00	KIDS līdz 12 BOXING+ FUNCTIONAL TRAINING		KIDS līdz 12 BOXING+ FUNCTIONAL TRAINING				
17:00 - 18:20		JUNIORS+ADULTS KICKBOXING+ CROSS-TRAINING		JUNIORS+ADULTS KICKBOXING+ CROSS-TRAINING			
17:10 - 18:00	KIDS 4-5 KICKBOXING+ FUNCTIONAL TRAINING		KIDS 4-5 KICKBOXING+ FUNCTIONAL TRAINING				
18:00 - 19:00							KIDS 4-6 KICKBOXING+ FUNCTIONAL TRAINING
18:10 - 19:00	KIDS 6-7 KICKBOXING+ FUNCTIONAL TRAINING		KIDS 6-7 KICKBOXING+ FUNCTIONAL TRAINING				
18:10 - 19:30	ADULTS+JUNIORS BOXING+ FUNCTIONAL TRAINING		ADULTS+JUNIORS BOXING+ FUNCTIONAL TRAINING		ADULTS+JUNIORS BOXING+ FUNCTIONAL TRAINING		
18:30 - 20:00		JUNIORS+ADULTS KICKBOXING+ CROSS-TRAINING		JUNIORS+ADULTS KICKBOXING+ CROSS-TRAINING			
19:10 - 20:00	KIDS 5-7 KICKBOXING+ FUNCTIONAL TRAINING		KIDS 5-7 KICKBOXING+ FUNCTIONAL TRAINING				JUNIORS+ADULTS YOGA