

	PIRMDIENA	OTRDIENA	TREŠDIENA	CETURTDIENA	PIEKTDIENA	SESTDIENA	SVĒTDIENA
10:00 - 11:20						ADULTS+JUNIORS KICKBOXING + CROSS-TRAINING	
11:30 - 12:45						KIDS 7-12 KICKBOXING/BOXING + CROSS-TRAINING	
15:45 - 17:00		KIDS 7-12 KICKBOXING/BOXING + CROSS-TRAINING		KIDS 7-12 KICKBOXING/BOXING + CROSS-TRAINING			
16:00 - 17:00			KIDS 7-12 KICKBOXING/BOXING + CROSS-TRAINING 1. grupa*				
16:00 - 17:15	KIDS 7-12 KICKBOXING/BOXING + CROSS-TRAINING						
17:00 - 18:00			KIDS 7-12 KICKBOXING/BOXING + CROSS-TRAINING 2. grupa*				
17:00 - 18:20		JUNIORS KICKBOXING/BOXING + CROSS-TRAINING		JUNIORS KICKBOXING/BOXING + CROSS-TRAINING			
17:30 - 18:20	KIDS 3-4 KICKBOXING + FUNCTIONAL TRAINING						
18:00 - 19:00			KIDS 3-4 KICKBOXING + FUNCTIONAL TRAINING (Džudo zāle)				
18:00 - 19:00			KIDS 5-6 KICKBOXING + FUNCTIONAL TRAINING (Džudo zāle)				
18:00 - 19:30							JUNIORS+ADULTS FUNCTIONAL TRAINING
18:10 - 19:45	JUNIORS+ADULTS BOXING	ADULTS KICKBOXING/BOXING + CROSS-TRAINING	JUNIORS+ADULTS BOXING	ADULTS KICKBOXING/BOXING + CROSS-TRAINING	JUNIORS+ADULTS BOXING		
18:30 - 19:30	KIDS 5-6 KICKBOXING + FUNCTIONAL TRAINING						